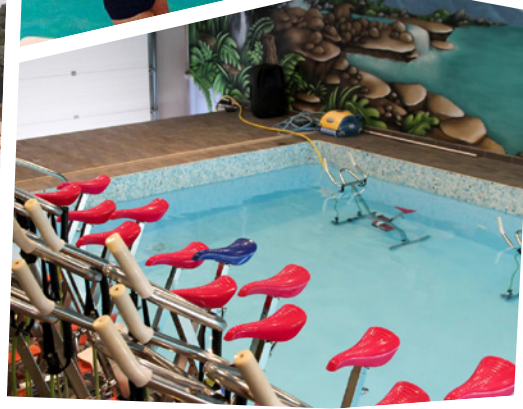


Waterflex
Manufacturer of water fitness equipment

CATALOGUE 2018



At your side all over the world
Our distributors accompany you
in your projects in more than
35 countries



Waterflex

Water Fitness Expert

Manufacturer of water fitness equipment

WATER FITNESS

Aquatic fitness is changing and so is Waterflex. To make sure we keep on meeting your needs, our product ranges are changing all the time, with new sports accessories and ever-more cutting-edge designs.

Because innovating is central to our strategy, we are proud to present our brand new concepts, just for you Pros.

Because pool activity organisation remains a major priority for 2018, we can assist with your projects, give you advice and offer training to help you launch your new activities with success. Take advantage of our Pro special offers!

Because we are confident in our products, we are happy to reveal the results of a study carried out by an independent organisation that specialises in analysing energy expenditure during sport. Their findings will help you choose the right bike for your needs!

WATERFLEX IS REINVENTING WATER EXERCISE!

Isabelle Humbertsot
Head of Waterflex



WELLNESS

FITNESS

HYDROTHERAPY

BENEFITS AQUABIKING





ANALYZED PERFORMANCE

ESP Consulting is an organisation that aims to support sport and healthcare professionals who are keen to measure the effects of their technologies on humans.

The group is made up of doctors, researches, engineers in physiology and human biomechanics, medical practitioners, physiotherapists, osteopaths, psychologists, podologists and coaches.

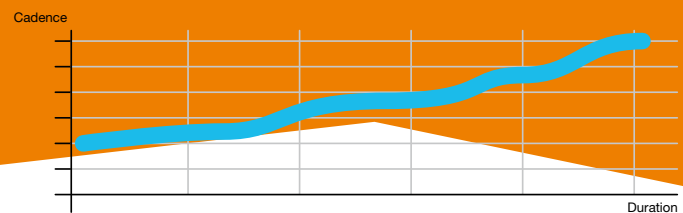
Waterflex called upon ESP Consulting to help measure energy expenditure for each aquabike model.

Energy expenditure during an aquabike session was therefore measured in various subjects (men and women) with different profiles in terms of age, body type and level of physical activity.

During this study, the maximum energy expenditure was 480 Kcal/h.

The study raised 2 important points:

- Pedalling rate has a significant effect on energy expenditure.
- By combining the pedalling rate and gear adjustments when these are available on aquabikes, the exercise can be fine-tuned according to the energy expenditure level that the athlete wishes to achieve.



A COACH'S WORDS

Our clientele consisted of elderly senior citizens with aquagym classes only in the morning. We wanted to vamp up the aquatic activities to attract new customers so we brought in water bikes then Aquajogg treadmills and round trampolines for a circuit training workshop. These bring an extra dimension to the classes. The activities are more strenuous and comprehensive, more

varied and offer particularly good results. You can really firm the thighs in a fun way, which is what our customers want. We have relied on Waterflex since 2012 and have chosen the WR5 water bike: its main feature is that you can adjust the resistance and individualise the exercises for each person. So we can vary each session.

Maxime GILMER - Coach instructor (MNS)

A PHYSIO'S WORDS

What's useful about the Aquajogg treadmill is that you can use it for recovering your balance. This is because in chest-deep water, your body weight is reduced by 70%, which means that when someone is on the Aquajogg, they weigh only 30%, due to the effect of buoyancy forces. In contrast, during athletic rehabilitation it can be used for the intensive muscular and cardio-vascular

exercising of sports persons requiring a final checkup. The water bike is useful for water resistance exercises without weight constraints, so it's perfect for your joints. I use it for exercising the lower limbs. It can also be useful for back exercises in the lumbar-locked position, considering that most people have trauma issues.

Nicolas Vadon - Sports physiotherapy & Pool rehabilitation

TESTIMONIAL

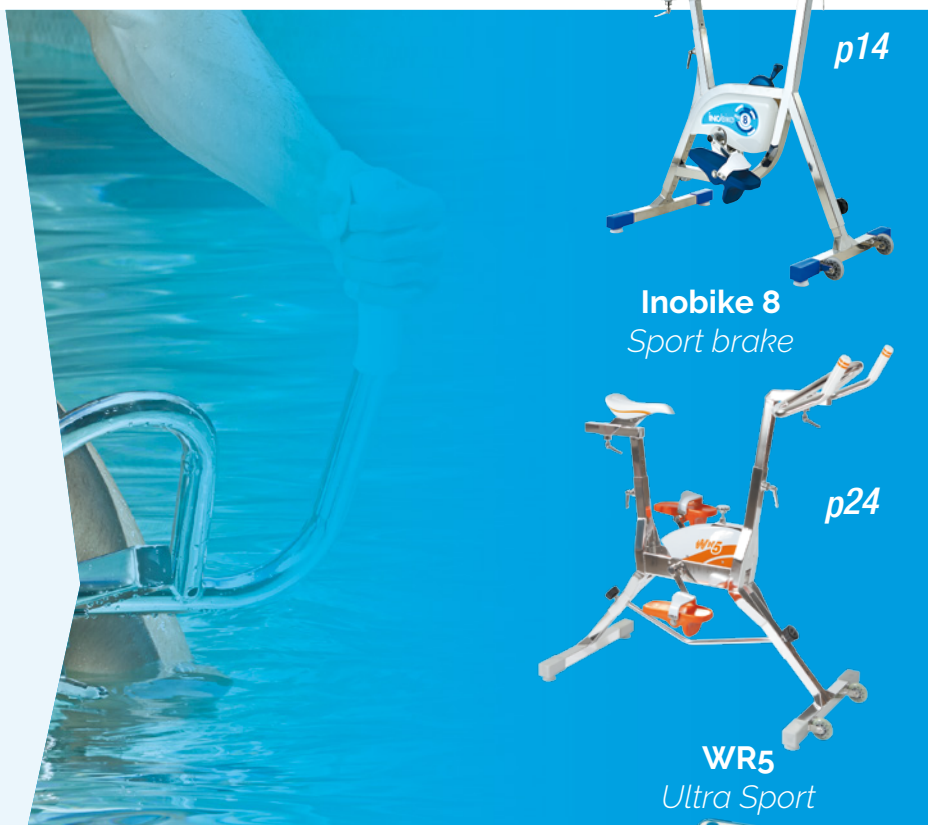
«I discovered aqua circuit training at Hydraxium. It provided a thorough workout in terms of muscular resistance, with no jerking movements or injury, no muscle pain. We work gently despite obviously exerting the muscles, it's very enjoyable. The water has a drainage effect without

causing muscle aches, even when performing unfamiliar movements; and what's more it's fun. I found the Waterflex equipment effective because it's smooth, sturdy, comfortable and therefore a real pleasure to use. »

Guillaume - Krav Maga Instructor (AAKMSD)

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D montable

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and ballast
Foam**





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Pedals
Aluminium or inox

ACCESSOIRES



p51

Accessories
and maintenance

A GOOD CHOICE

BUILT-IN HYDRAULIC RESISTANCE

RESISTANCE

HAPPY

Private individuals
Relaxation



Cal.
consumption
6.56
kcal/min

Soft
Resistance

Gear lever

Bodybuilding/Spinning

Rehabilitation

Professional use

Fun/Leisure

Thalassotherapy

Fitness/Cardio

Figure

WR3

Private individuals
Relaxation
Hotels and spas



Cal.
consumption
6.45*
kcal/min

Soft
Resistance

Gear lever

Bodybuilding/Spinning

Rehabilitation

Professional use

Fun/Leisure

Thalassotherapy

Fitness/Cardio

Figure

INO6

Group sessions



Cal.
consumption
6.56
kcal/min

Average
Resistance

Gear lever

Bodybuilding/Spinning

Rehabilitation

Professional use

Fun/Leisure

Thalassotherapy

Fitness/Cardio

Figure

FALCON

Physio & Thalasso
therapy centres
Group sessions



Cal.
consumption
6.40
kcal/min

Average
Resistance

Gear lever

Bodybuilding/Spinning

Rehabilitation

Professional use

Fun/Leisure

Thalassotherapy

Fitness/Cardio

Figure

* Not tested, estimated figures based on information collected

THE FEATURES OF WATERFLEX WATER BIKES



AISI 316L stainless

Designed in high quality AISI 316L marine-grade brushed steel, our water bikes are compatible with all types of water.



Silicone wheels

Hard-wearing silicone wheels allow easy movement without marking the floor.



Fast drainage

Thanks to the perforation system, our water bikes drain water in just a few seconds.



Designed in France

The strength of a French team of experts supported by athletes to develop products that guarantee comfort, quality and performance.



Precise adjustment

Maximum ease of use has been achieved through reference marking that allows the position of the saddle and handlebars to be changed.



Easily adjusted

The Click&Turn system, exclusive to Waterflex, enables adjustment of the water bike's height in just a few seconds.

YOUR WATER BIKE

VARIABLE HYDRAULIC

VARIABLE MECHANICAL RESISTANCE

WR4

Physio & Thalasso
therapy centres
Group sessions



Cal.
consumption
6.1*
kcal/min

Average
Resistance

INO7

Physio & Thalasso
therapy centres
Group sessions



Cal.
consumption
7.3
kcal/min

Strong
Resistance

WR5

Group sessions



Cal.
consumption
7.6*
kcal/min

Strong
Resistance

INO8

Group sessions



Cal.
consumption
8
kcal/min

Strong
Resistance

Gear lever

Bodybuilding/Spinning

Rehabilitation

Professional use

Fun/Leisure

Thalassotherapy

Fitness/Cardio

Figure

Gear lever

Bodybuilding/Spinning

Rehabilitation

Professional use

Fun/Leisure

Thalassotherapy

Fitness/Cardio

Figure

Gear lever

Bodybuilding/Spinning

Rehabilitation

Professional use

Fun/Leisure

Thalassotherapy

Fitness/Cardio

Figure

Gear lever

Bodybuilding/Spinning

Rehabilitation

Professional use

Fun/Leisure

Thalassotherapy

Fitness/Cardio

Figure



Comfort Saddle

This injected foam saddle provides a flexible and comfortable sitting position.



Barefoot comfort

The AquaSpeed 2 pedals are thermo-moulded and fitted with built-in straps, optimised for barefoot use.



suction pads

White silicone non-slip pads provide excellent stability, with perfect adhesion to the floor (liner compatible).



ABS Sport saddle

Hard-wearing and maintenance-free, with a design tailored to avoid chafing, the Sport saddle is perforated to allow water to pass through.



Pedals Aquaspeed

Aquaspeed barefoot pedals provide extra pedalling resistance for increased power.



Sacrificial Anode

It protects the bike from corrosion by creating an electrostatic film around the metal parts.



SUMMARY TABLE OF WATER BIKES

MODELS		WR3	WR4	WR5
Goal	figure	●	●	
	rehabilitation	●	●	
	cardio	●	●	
	muscle strengthening		●	●
For whom?	individuals	●		
	thalasso therapy centres	●	●	
	hotels	●		
	physiotherapists		●	
	sports clubs		●	●
	public swimming pools		●	●
Hydraulic	resistance	●	●	
	mechanical			●
	resistance	●		
	variable		●	●
Resistance percentage		13%*	2 à 35%*	15 à 70%*
Power felt		Soft	Average	Strong
Calories consumed at 55 rpm (kcal/min)		4.9*	4.0 - 4.4*	4.2 - 6.1*
Calories consumed at 65 rpm (kcal/min)		6.45*	5.7 - 6.1*	6.1 - 7.6*
Advantages		Cardio bike High modularity Lightness	Fluidity of pedaling Medium resistance For all	Ultra sport resistance High modularity Bike for spinning classes
Saddle		ABS sport	ABS sport	ABS sport
AquaSpeed Pedal		AquaSpeed 2	AquaSpeed 2	AquaSpeed 2
Saddle / Handlebar height adjustments		●	●	●
Adjustment for depth of water		110 to 150m	110 to 150m	110 to 150m
Bottle holder		Included	Included	Included
Insulated flask		Optional	Optional	Optional
Training bar		Optional	Optional	Optional
Resistance bands		Optional	Optional	Optional
Weight		18.5 kg	22.6kg	22.9kg

* Unmeasured data, based on similar technologies



INO6	INO7	INO8	HAPPY BIKE	FALCON
•	•		•	•
	•			•
•	•	•	•	•
		•		
			•	
	•		•	•
	•			•
•	•	•		•
•	•	•		•
•	•		•	•
		•		
•			•	
	•	•		•
8 à 28 %	14 à 48 %	17 à 75 %	15 %	2 à 37 %
Average	Strong	Strong	Soft	Average
5,2	4,9 - 5,1	4,6 - 6,3	5	4,3 - 4,7
6,56	6,2 - 7,3	6,4 - 8	6,56	5,9 - 6,4
Gamme PRO Ease of use Ergonomics sport intensive use Fluidity of pedaling Cardio bike & muscle reinforcement	PRO range 3 speed gear lever Ergonomics sport intensive use Progressiveness of the effort Versatile bike	Gamme PRO 4 speed gear lever Ultra sport resistance Ergonomics sport intensive use Bike for spinning classes	Lightness Pedal comfort High stability	Fluidité du pédalage Résistance moyenne Tout public
Confort	Confort	Confort	ABS sport	Confort
AquaSpeed 2	AquaSpeed 2	AquaSpeed 2	AquaSpeed 1	AquaSpeed 1
•	•	•		•
110 to 160m	110 to 160m	110 to 160m	110 to 160m	110 to 150m
Included	Included	Included	Included	Included
Included	Included	Included	Optional	Included
Optional	Optional	Optional		Included
Optional	Optional	Optional	Optional	Optional
21kg	22kg	22.8 kg	16,5 kg	19,5 kg

WATERBIKES

New generation technology

SPÉCIAL PROS

INOBIKE range

A premium range for the most demanding users.

*Inspired by racing bikes, this Inobike range adopts a **highly advanced aquatic gear lever technology**. Designed to **expand your sensations** with unequalled pedalling **fluidity**, this range provides you with outstanding **strength***

*and **performance** during your exercises. Pace yourself and individualise your resistance simply, precisely and effectively.*

*This range combines design, power and **technological innovation** with your fitness in mind.*



X-frame geometry

Designed for everyday use, the frame's X-shape provides **great stability** even when standing up and supports a maximum load weight of up to 200kg.

AquaSpeed 2 Pedals

The AquaSpeed 2 pedals are anatomically shaped by **thermal-molding** and are fitted with built-in straps. They **accentuate the resistance effect** when pedalling or back-pedalling.

Sacrificial Anode

The sacrificial anode **protects** the bike from corrosion. Its zinc alloy composition, through its electropositivity and its **early oxidation**, helps to protect the frame and metal parts.

Reference Marking

Maximum ease of use for the user has been achieved through **reference marking** that allows the position of the saddle and handlebars to be changed.

Adaptive ergonomics

With its **6 adjustment settings** and its **Click&Turn** system, the Inobike range adapts to all body sizes and to all types of pool.

Sport Handlebars

The design of the handlebars allows for **three different training positions** to suit each person's needs.

INOBIKE 8 RESISTANCE

17% 75%



Technobreak+ resistance

Mechanical system with brake pad and gear lever.

Mechanical



resistance

INOBIKE 7 RESISTANCE

14% 48%



Technogear+ resistance

Dual propeller system with 3-speed gear lever.

Hydraulic



resistance

INOBIKE 6 RESISTANCE

8% 28%



Built-in hydraulic resistance

System of 6 fixed blades mounted on the pedals.

Hydraulic



resistance



Expertise laboratory
sports performance

Expert appraisal by ESP Consulting

The Inobike range presents real technological advances in order to offer more performance while providing unrivalled pedalling smoothness. Its sporty ergonomics, suitable for even the most intensive use, are combined with great modularity in terms of settings, making it the most innovative range on the market!

Inobike 6 : By changing the pedalling rate from 55 to 65 rpm, we observed an increase in energy consumption of **+ 28%** on average. Its smooth pedalling is very much appreciated.

Inobike 7 : Its multi-propeller system increases energy consumption by **+ 48%** while maintaining really smooth pedalling. Its gear lever makes it easy to adjust the effort required.

Inobike 8 : This is the model with the highest resistance. We observed an increase in energy consumption of up to **+75%** between gears 0 and 3. It scored 8/10 on the BORG effort perception scale

WATER BIKES
Sport brake technology

INOBIKE 8



REGULAR SPORTY **INTENSIVE**

**TECHNOLOGICAL
INNOVATION**
Technobrake+® gear lever

TECHNOBRAKE+® GEAR LEVER

The new Inobike 8 water bike combines the appeal of its design with technical innovations to offer you enhanced performance.

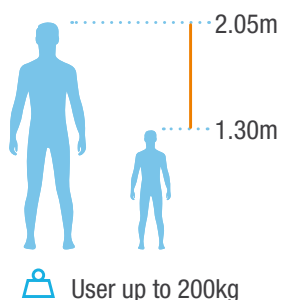
This water bike adopts the codes of machines known as spinning bikes.

Ease-of-use, effective resistance and enhanced sensations. Discover its new adjustable system for

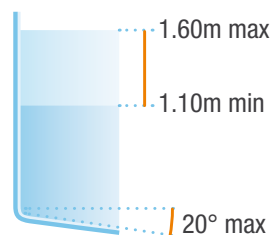
setting the required exertion level by using the **gear lever**, allowing you to customise your workout.

Furthermore, its **comfort of use** with bare feet and its fast drainage are undeniable advantages for regular use.

ERGONOMICS FOR EVERYONE



ALL POOL TYPES



USER-FRIENDLY ADJUSTMENTS



ENERGY CONSUMPTION



DRAINAGE



MUSCULATION



RÉÉDUCATION



TECHNOBRAKE® TECHNOLOGICAL INNOVATION & PROVEN RESISTANCE

The Inobike 8 has a mechanical system that combines the **efficiency of a brake pad** with the precision of a **gear lever**. Adjustment is done while you are working out, without your even having to stop pedalling, by simple pressure on the gear lever, for **highly accurate and simple measurement** of your resistance. You therefore improve your performance while you are training.

FEATURES

- 45° Sport Handlebars
- AISI 316L stainless steel quality
- Can be used with bare feet
- Graduated saddle and handlebar adjustments
- Fast Drainage
- Sports ergonomics
- Sacrificial Anode

ACCESSORIES INCLUDED

OPTIONAL



COMFORT SADDLE



BOTTLE HOLDER



INSULATED FLASK



RESISTANCE BANDS

Quality	Inox AISI 316L
Min. dimensions closed	L 96cm x W 55cm x H 120cm
Max. dimensions open	L 120cm x W 55cm x H 164cm
Weight	22.9 kg
Water depth	1.10m to 1.60m
Warranty:	3 years for metal parts. 6 months for wearing parts
Ref:	WX-IN08

Certification :

WATER BIKES

Technologie sport gear

INOBIKE 7



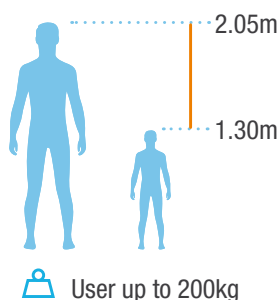
TECHNOGEAR+ GEAR LEVER®

This sports version is intended for professionals who want to combine cardio-training with muscle strengthening.

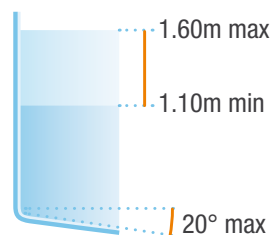
With its **dual hydraulic system**, the revolutionary Inobike 7 allows you to alter the difficulty of the exercise and to customize your exertion from the sitting position by using the **central gear lever**. Easy and intuitive.

Enjoy the comfort of barefoot pedals and discover the **pleasure of pedalling** without your joints being stressed and of simple and effective adjustment to the resistance.

ERGONOMICS FOR EVERYONE



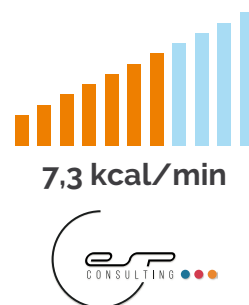
ALL POOL TYPES



USER-FRIENDLY ADJUSTMENTS



ENERGY CONSUMPTION



TECHNOGEAR+® TECHNOLOGICAL INNOVATION & PROVEN RESISTANCE

The Inobike 7 has a **dual propeller system** engaged by a **3-speed gear lever** = 3 levels of resistance. A combination of two propellers to increase the effectiveness of the hydraulic resistance and the integration of a gear lever to simplify its use.

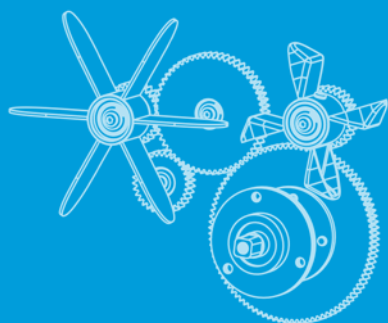
DRAINAGE



MUSCULATION

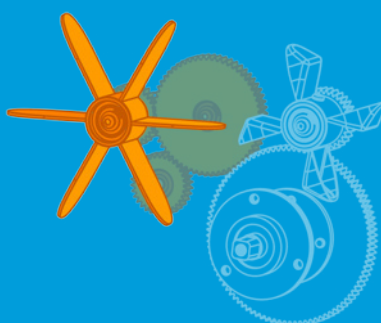


RÉÉDUCATION



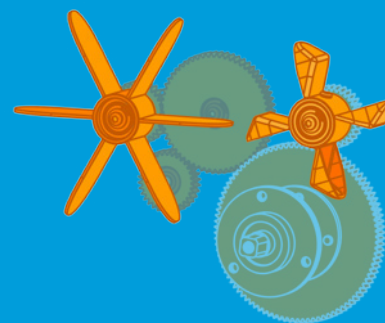
SPEED
0 = pedals

11%



SPEED
1 = 1 propeller

18%



SPEED
2 = 2 propeller

24%

FEATURES

- 45° Sport Handlebars
- AISI 316L stainless steel quality
- Can be used with bare feet
- Graduated saddle and handlebar adjustments
- Fast Drainage
- Sports ergonomics
- Sacrificial Anode

ACCESSORIES INCLUDED



COMFORT SADDLE



BOTTLE HOLDER



INSULATED FLASK



RESISTANCE BANDS

OPTIONAL

Quality

Inox AISI 316L

Min. dimensions closed

L 96cm x W 55cm x H 120cm

Max. dimensions open

L 120cm x W 55cm x H 164cm

Weight

22kg

Water depth

1.10m to 1.60m

Warranty:

3 years for metal parts.
6 months for wearing parts

Ref:

WX-IN07

Certification :

WATER BIKE
Athletic

INOBIKE 6



REGULAR **SPORTY** INTENSIVE

**HYDRAULIC
RESISTANCE**
6-blade built-in resistance

VERSATILITY AND ADAPTABILITY

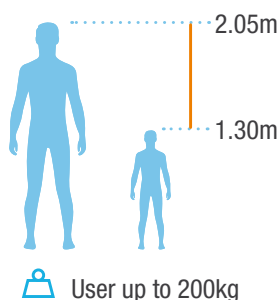
The built-in dual resistance system (blades + pedals) makes the Inobike 6 the ideal bike for cardio exercises.

Its propeller system with **6 fixed blades** offers resistance proportional to the rotation speed of the pedals.

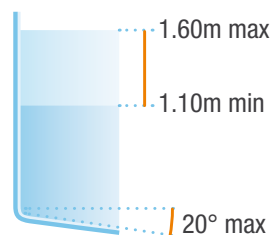
It adapts itself perfectly to the required exertion.

The AquaSpeed 2 pedal fin adds further resistance.

ERGONOMICS FOR EVERYONE



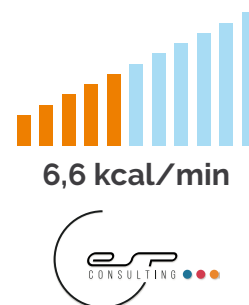
ALL POOL TYPES



USER-FRIENDLY ADJUSTMENTS



ENERGY CONSUMPTION



DRAINAGE



MUSCULATION



RÉÉDUCATION



6-blade BUILT-IN RESISTANCE

The Inobike 6 is the **ultimate cardio tool**. Its hydraulic resistance system with 6 fixed blades mounted on the pedals allows you to work **smoothly on strengthening your muscles**. The effort increases simply in accordance with the rate of pedalling, which allows instant adaptation to each type of muscular exercise.

X-FRAME GEOMETRY

Designed for daily use, the Inobike 6 water bike is your aquavitality partner. Its X-frame design gives it **great stability and strength**, even when used standing up.

FEATURES

- 45° Sport Handlebars
- AISI 316L stainless steel quality
- Can be used with bare feet
- Graduated saddle and handlebar adjustments
- Fast Drainage
- Sports ergonomics
- Sacrificial Anode

ACCESSORIES INCLUDED

OPTIONAL



COMFORT SADDLE



BOTTLE HOLDER



INSULATED FLASK



RESISTANCE BANDS

Quality	Inox AISI 316L
Min. dimensions closed	L 96cm x W 55cm x H 120cm
Max. dimensions open	L 120cm x W 55cm x H 164cm
Weight	21kg
Water depth	1.10m à 1.60m
Warranty:	3 years for metal parts. 6 months for wearing parts

Ref:

WX-IN06

Certification :

WATER BIKES

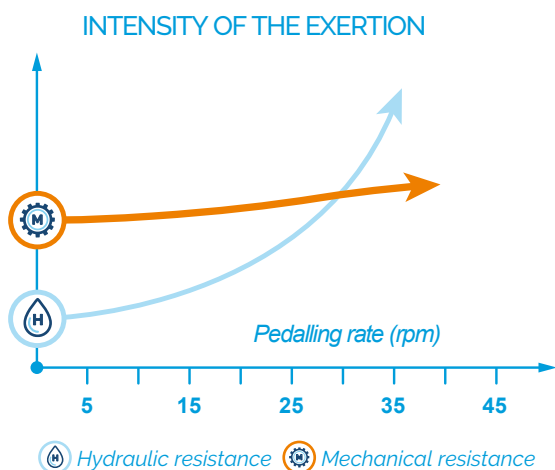
A professional range

The WR range

3 highly versatile water bikes with that dynamic look.

Designed for different uses: **wellness - rehabilitation -fitness**, these 3 versions provide **different resistance levels** suitable for **each person's needs**. You can

combine **cardio-training** and **muscle strengthening**, with guaranteed comfort. Discover the **wide range** of WR adjustments that enable the water bike to be adapted to the depth of your pool as well as to your **body type**.



The power felt during a water biking session varies according to the nature of the resistance.

Fast Drainage

Thanks to its perforation system, the WR range offers **fast water drainage**. This innovation lightens your water bike to help with removal from the pool.

ACP2 pedals

The Aquaspeed 2 pedals are anatomically shaped by **thermal-molding** and are fitted with built-in straps. They **accentuate the resistance effect** when pedalling or back-pedalling.

WR5

RESISTANCE

20%

70%



Variable mechanical resistance

A brake pad acts on a 316 L stainless steel wheel to adjust the difficulty of the exercise from the sitting position.

Mechanical



resistance

WR4

RESISTANCE

10%

30%



Variable hydraulic resistance

The scoop shape of the 4 fan blades provides additional resistance. This system can be modified by rotating each of the blades.

Hydraulic



resistance

WR3

RESISTANCE

10%

15%



Built-in hydraulic resistance

The special shape of the Aquaspeed 2 thermo-moulded pedals provides gentle resistance when pedalling or back-pedalling.

Hydraulic



resistance

Sacrificial Anode

The sacrificial anode **protects** the bike from corrosion. Its zinc alloy composition, through its electropositivity and its **early oxidation**, helps to protect the frame and metal parts.

Reference Marking

Maximum ease of use for the user has been achieved through **reference marking** that allows the position of the saddle and handlebars to be changed.

Adaptive ergonomics

With its **6 adjustment settings** and its **Click&Turn** system, the WR range adapts to all body types and to all types of pool.

Sport Handlebars

The design of the handlebars allows for **three different training positions** to suit each person's needs.

WATER BIKE Ultra Sport

WR5



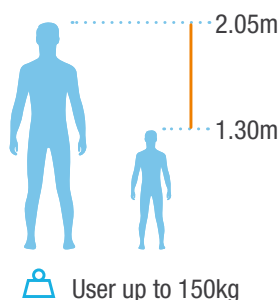
ULTRA SPORT WATER BIKE

The WR5 water bike is the sportiest version in its class. Designed in 316L marine quality stainless steel, it is compatible with all types of water.

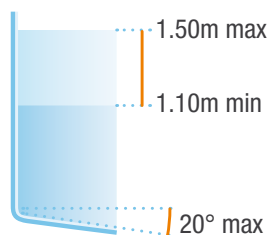
A feature of this bike is its **spinning** performance in water. It has a **wide range of settings** to fit all sizes. Dual height/weight adjustment of the saddle and handlebar ensures a good sitting position without muscular risk.

The Aquaspeed 2 pedals have been designed to provide barefoot comfort and **increased resistance** when pedalling.

ERGONOMICS FOR EVERYONE



TOUS BASSINS



USER-FRIENDLY ADJUSTMENTS



DRAINAGE



MUSCULATION



RÉÉDUCATION



SPINNING PRO 2 SYSTEM

The WR5's Spinning Pro 2 system **adjusts the mechanical resistance** when pedalling. Adjust the difficulty of the exercise and **customise the required exertion** from the sitting position by turning the knob. Simple and effective, the exertion is accentuated. A brake pad acts on a 316L marine-grade stainless steel wheel for unrivalled efficiency.

MUSCLE GROUPS

The WR5 provides **comprehensive and effective exercising** of the quadriceps and calves, and gentle toning of the buttocks, thighs and abdominals. This contributes to a **slimmed down and trim figure**.

FEATURES

- 45° Sport Handlebars
- AISI 316L stainless steel quality
- Can be used with bare feet
- Graduated saddle and handlebar adjustments
- Fast Drainage
- Sports ergonomics
- Sacrificial Anode

OPTIONAL ACCESSORIES



COMFORT SADDLE

TRAINING BAR

RESISTANCE BANDS

Quality	Inox AISI 316L
Min. dimensions closed	L 94cm x W 55cm x H 116cm
Max. dimensions open	L 122cm x W 155cm x H 153cm
Weight	22.9 kg
Water depth	1.10m to 1.50m
Warranty:	3 years for metal parts. 6 months for wearing parts
Ref:	WX-WR5

Certification :

WATER BIKES

Hydroblade

WR4



A TRIM FIGURE!

The WR4, an efficient water bike with real pedalling fluidity, is recommended by many physiotherapists.

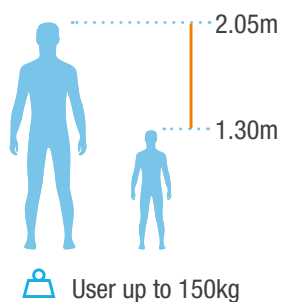
The WR4 is equipped with an **adjustable hydraulic resistance** system for customising a wide choice of exercises. This system creates a **whirlpool effect**, providing a **draining massage** that stimulates the blood

circulation in the lower limbs.

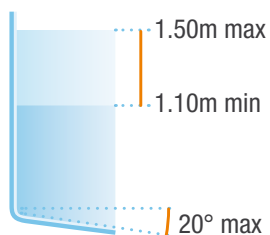
Your legs seem lighter. You smoothly tone the buttocks and reshape the thighs.

The WR4 is designed for intensive daily use.

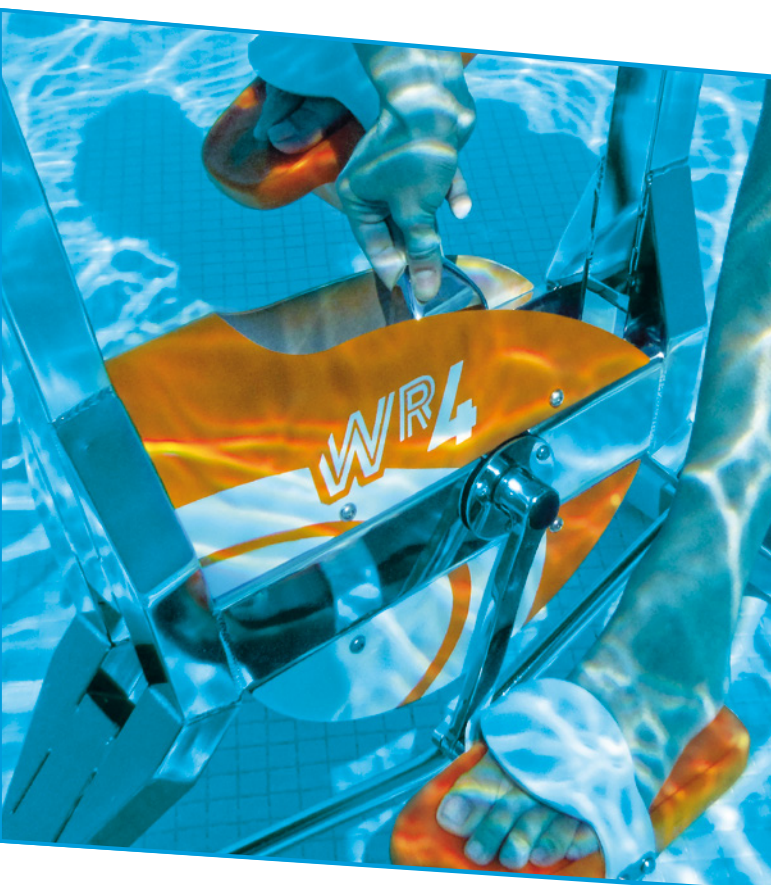
ERGONOMICS FOR EVERYONE



TOUS BASSINS



USER-FRIENDLY ADJUSTMENTS



DRAINAGE



MUSCULATION



RÉÉDUCATION



AQUAPALM 2 SYSTEM

The WR4's Aquapalm 2 system comprises 4 **rotating blades** to enhance performance. The scoop shape provides **additional support** on the water and **increased resistance**; the user can adjust this hydraulic resistance system by rotating each of the blades from **the sitting position**. This technical innovation has appealed to **sports clubs**, **physiotherapists** and **thalassotherapy centres**.

FEATURES

- 45° Sport Handlebars
- AISI 316L stainless steel quality
- Can be used with bare feet
- Graduated saddle and handlebar adjustments
- Fast Drainage
- Sports ergonomics
- Sacrificial Anode

OPTIONAL ACCESSORIES



Quality	Inox AISI 316L
Min. dimensions closed	L 94cm x W 55cm x H 116cm
Max. dimensions open	L 122cm x W 55cm x H 153cm
Weight	22.6 kg
Water depth	1.10m to 1.50m
Warranty:	3 years for metal parts. 6 months for wearing parts
Ref:	WX-WR4

Certification :

WATER BIKES

Thalasso

WR3



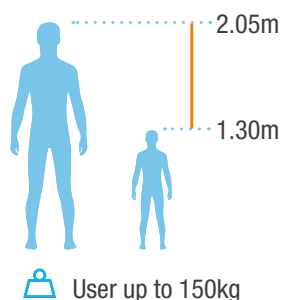
A TRIM FIGURE!

The WR3 is the most versatile water bike in the WR range with a wide variety of adjustments to suit all shapes and sizes.

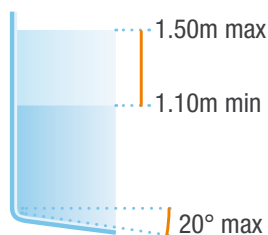
Designed for everyday use, the WR3 combines the **gentle resistance** of its Aquaspeed 2 pedals with **great pedalling fluidity**. Its versatility makes it ideal for cardio-training sessions.

You will like its **ultra-light weight**, its carrying handle and its rapid drainage that make it **easy to handle**. The WR3 is recommended by many hotels and spas.

ERGONOMICS FOR EVERYONE



TOUS BASSINS



USER-FRIENDLY ADJUSTMENTS



DRAINAGE



MUSCULATION



RÉÉDUCATION



AQUASPEED 2 PEDALS

The WR3 is equipped with Aquaspeed 2 **thermo-moulded pedals** with built-in straps. They **accentuate the resistance effect** by strengthening forward or backward pedalling power. They can be used **with bare feet** for added comfort.

CARRYING HANDLE

In addition to its ultra-light weight, the WR3 has a carrying handle to **make it easier to manipulate** and remove from the pool.

FEATURES

- 45° Sport Handlebars
- AISI 316L stainless steel quality
- Can be used with bare feet
- Graduated saddle and handlebar adjustments
- Fast Drainage
- Sports ergonomics
- Sacrificial Anode

OPTIONAL ACCESSORIES



COMFORT SADDLE

BARRE DE TRAINING

RESISTANCE BANDS

Quality	Inox AISI 316L
Min. dimensions closed	L 94cm x W 55cm x H 116cm
Max. dimensions open	L 122cm x W 55cm x H 153cm
Weight	18.5 kg
Water depth	1.10m to 1.50m
Warranty:	3 years for metal parts. 6 months for wearing parts
Ref:	WX-WR3

Certification :

WATER BIKE

Turbo Sport

FALCON

Fully
equipped!

REGULAR **SPORTY** INTENSIVE



**VARIABLE
HYDRAULIC RESISTANCE**
Adjustment by rotating blades

THE MOST COMPLETE WATER BIKE

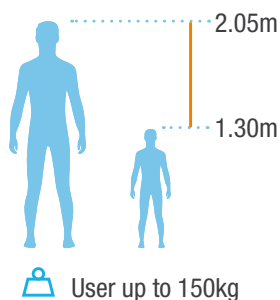
This sporty version is intended for those who want to combine cardio-training with muscle strengthening.

You will like the Falcon's **great pedaling fluidity** and its comfort of use with bare feet. With its **sport + accessories pack included**, this water bike is the most complete in its class. It is designed for intensive use in both chlorinated

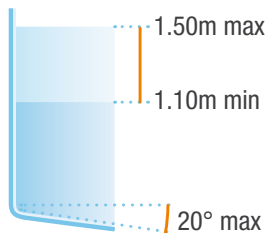
water and seawater, ideal for fitness training or water therapy.

The Falcon enables you to work on your stamina and physical condition. It provides a **full exercise programme**.

ERGONOMICS FOR EVERYONE



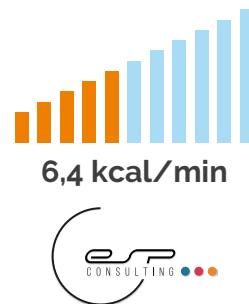
ALL POOL TYPES



USER-FRIENDLY ADJUSTMENTS



ENERGY CONSUMPTION



DRAINAGE



MUSCULATION



RÉÉDUCATION



AQUAPALM 2 SYSTEM

The Falcon's Aquapalm 2 system comprises **4 blades** to enhance performance. Their scoop shape provides additional support on the water and **increased resistance**. The user can **adjust this hydraulic resistance system** by rotating each of the blades from the sitting position. This technical innovation has appealed to sports clubs, physiotherapists and thalassotherapy centres.

FEATURES

- 45° Sport Handlebars
- AISI 316L stainless steel quality
- Can be used with bare feet
- Graduated saddle and handlebar adjustments
- Fast Drainage
- Sports ergonomics
- Sacrificial Anode

PACK SPORT+ INCLUDED

BARRE MULTI-TRAINING



COMFORT SADDLE

BOTTLE HOLDER

INSULATED FLASK

OPTIONAL



RESISTANCE BANDS

Quality	Inox AISI 316L
Min. dimensions closed	L 93cm x W 55cm x H 114cm
Max. dimensions open	L 112cm x W 55cm x H 153cm
Weight	19.5 kg
Water depth	1.10m to 1.50m
Warranty:	3 years for metal parts. 6 months for wearing parts
Ref:	WX-FALCON

Certification :

WATER BIKES

A colourful range!

HAPPY range

Make your pool sporty and fun!

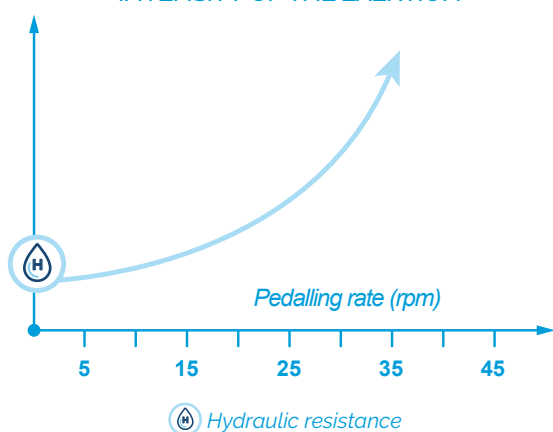
Designed to **enable everyone** to carry out water fitness exercises at home, this water bike has an **X-shaped frame** specially designed for the easiest possible way to sit on the saddle.

The **Happy Bike** combines **lightness, comfort and moderate resistance** to get maximum benefits from pedalling in water.

Choose the colour: depending on your taste, **the Happy bike** comes in **Fuschia Pink, Cobalt Blue and Orange**.



INTENSITY OF THE EXERTION



The resistance felt is gently progressive. Hydraulic resistance is proportionate with the pedalling.

Reference Marking

Maximum ease of use for the user has been achieved through reference marking that allows the position of the saddle and handlebars to be changed.

AHP pedals

This very specific pedal shape helps to **accentuate the effect of resistance** both forwards and backwards.

Sacrificial Anode

The sacrificial anode **protects** the bike from corrosion. Its zinc alloy composition, through its electropositivity and its **early oxidation**, helps to protect the frame and metal parts.

COBALT



ORANGE



FUCHSIA



Built-in hydraulic resistance

As well as being made of AISI 316 L stainless steel and therefore compatible with all types of water, the Happy Bike offers advanced pedal technology: AquaSpeed. This very specific pedal shape helps to accentuate the

effect of resistance when pedaling either forwards or backwards, so you therefore experience real efficiency during your exercises!



Built-in hydraulic resistance

Easy-roll wheels

Hard-wearing silicone wheels for easy movement **without marking the floor**. You also have fixing loops for water resistance bands.

X-frame geometry

Its X-frame geometry has been designed to be **light and easily transportable**. Thanks to its 4 adjustment points, the Happy Bike can be adapted to suit all body types.

Ultra-light weight

Its ultra-light weight makes it very **easy to transport**. Its handling makes it adaptable to all types of swimming pool.

ESP Consulting

The Happy aquabike is remarkable for its great stability in water thanks to a wide frame.

A 20% increase in the pedalling rate results in a 29% increase in energy expenditure. This level of energy expenditure is comparable to a Body Pump fitness session.



Testimonial

AQUABECOOOL Franchise, interview with Christophe Vanackere, Aquabecool founder

I chose the HAPPY BIKE aquabike by Waterflex, as it's a very stable, light aquabike with comfortable pedalling that our members really appreciate. Our customers want classes to slim down and work on their figure without bulking up. Thanks to the Aquabecool method and this aquabike, our members achieve real results, their legs slim down, and with the addition of elastic bands, it's a more complete workout.



WATER BIKE
Home training

HAPPY BIKE



REGULAR SPORTY INTENSIVE

**BUILT-IN
HYDRAULIC RESISTANCE**
AquaSpeed Pedals

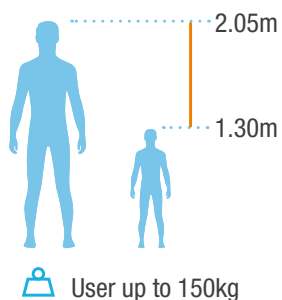
THE LIGHTEST WATER BIKE

With the Happy Bike water bike, you can transform your swimming pool into a genuine fitness centre.

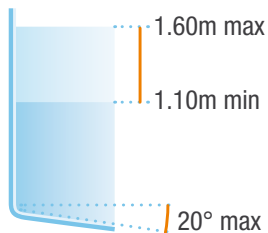
This water bike is designed to enable **everyone** to carry out **water fitness exercises** at home. **Indulge yourself** and enjoy the **benefits of water** in your own home

while pedalling at your own pace. The geometry of its **X-shaped frame** has been designed to enable any user to sit on the saddle in the easiest possible way. **Go for colour.**

ERGONOMICS FOR EVERYONE



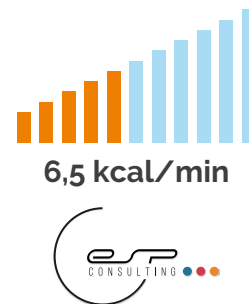
ALL POOL TYPES



USER-FRIENDLY ADJUSTMENTS



ENERGY CONSUMPTION



MORE COLOURS FOR MORE FUN

We offer 3 different colours of the Happy Bike to add more **vitality** to your water bike sessions.

DRAINAGE



MUSCULATION



RÉÉDUCATION



Cobalt



Orange



Fuchsia



FEATURES

- 45° Sport Handlebars
- AISI 316L stainless steel quality
- Can be used with bare feet
- Graduated saddle and handlebar adjustments
- Fast Drainage
- Sports ergonomics
- Sacrificial Anode

INCLUDED ACCESSORY



BOTTLE HOLDER

OPTIONAL



RESISTANCE BANDS

Quality	Inox AISI 316L
Min. dimensions closed	L 97cm x W 60cm x H 114cm
Max. dimensions open	L 112cm x W 60cm x H 149cm
Weight	16.5 kg
Water depth	1.10m to 1.60m
Warranty:	3 years for metal parts. 6 months for wearing parts

Ref:

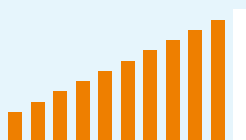
WX-HAPPY

Certification :

A COMPLETE RANGE
for waterfitness equipments

ACCESSORIES

In addition to our aquafitness equipment range, we have developed a series of accessories to make our products even more versatile and enable you to do more exercises.



Variable resistance
from soft to strong

+6 at
+19%

ADS ® PEDAL

AQUA DOUBLE SPEED PEDAL

These ultra-innovative pedals use a new technology, to increase resistance for even more sport.

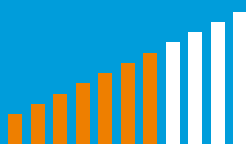
The lateral valve folded under the pedal offers ideal resistance for warming up. To boost your training, unfold the valve in order to widen the area in contact with the water.

This way you can double your effort.

The only variable resistance pedal on the market!



All pedal models are compatible with
the entire Waterflex Aquabike range.



Medium resistance

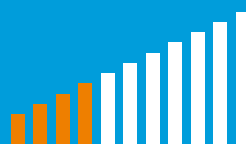
+13%



AHP PEDAL

AQUATIC HAPPY PEDAL

The high-quality AHP pedals made of AISI 316L stainless steel increase the water's resistance effect while maintaining a smooth and pleasant motion. They offer medium resistance. Available in 3 colours, they can also be used barefoot.



Soft resistance

+8%



ACP2 PEDAL

AQUA CONFORT PEDAL

The anatomical shape of the ACP 2 thermo-moulded pedals brings total comfort for barefoot use. Their gentle resistance makes them accessible to all.

MULTI-TRAINING POWER WORKER

THE FINISHING TOUCH TO YOUR AQUAFITNESS EXERCISES

The Waterflex multi-training power worker has been specially designed to be attached to the back of swimming pool bikes, to provide additional exercises in the water.

It is quick and easy to install. You simply position and attach it behind the saddle. This water multi-trainer will enable you to perform exercises in addition to pedalling or to stretch yourself after your aquafitness session.



Product	Multi-training power worker for WR3
Ref:	WX-RIDERBAR-01
Product	Multi-training power worker for WR4 and WR5
Ref:	WX-RIDERBAR-WR

COMFORT SADDLE



A WATER SADDLE FOR ADDED COMFORT

The ultra-comfortable Waterflex saddle is an accessory designed for Waterflex water bikes. This water saddle is particularly suitable for larger persons or those with sensitive buttocks.

Its ergonomics have been designed to provide extra comfort during your aquafitness session. To protect your comfort saddle, we recommend that you check the pH of the water in your pool, which needs to be between 6.7 and 7.6.

Product	Super-comfortable saddle for White/Orange WR
Ref:	WX-SADDLE-W2

WATER RESISTANCE BAND



3 COLOURS FOR 3 LEVELS OF RESISTANCE

Add variety and challenge to your water bike exercises with light, portable Waterflex resistance bands. Ideal for all levels of aquafitness, this versatile resistance accessory will enable you to develop upper body muscular power, target your arms and invigorate your heart. The flexible slip-resistant handles ensure a firm grip when exercising.

Use	Compatible with all Waterflex Water Bikes
Resistance level 1 (orange)	WX-STC-OR01
Resistance level 2 (green)	WX-STC-VE02
Resistance level 3 (blue)	WX-STC-BL03

INSULATED FLASK 0.6L



KEEPING HYDRATED WHILE EXERCISING

The Waterflex flask's double wall maintains the temperature of hot or cold liquids for several hours. Sport plug with press-button opening so you can drink with one hand. Hermetic seal to prevent leaks. Unparalleled food safety: 0 BPA, 0 phthalates, 0 toxins.

Product	Waterflex insulated bottle - Blue
Ref:	WX-BOTTLE-02B
Product	Waterflex insulated bottle - Silver
Ref:	WX-BOTTLE-02S

RENOV-INOX RESTORE THE ORIGINAL SHINE



Waterflex Renov-Inox has been specially designed to preserve submerged stainless steel. The result of collaboration with the ProTech laboratories, it restores the shine on your water bike and protects it against oxidation. The Renov-Inox Pack also contains a product applicator sponge and a microfibre to wipe and gently rub the product to restore its original shine.

Product	Renov-Inox Pack: one 125ml bottle + 1 sponge + microfibre
Ref:	WX-RENOVX-125
Product	125ml Renov-Inox (bottle only)
Ref:	PS-RENOVX-125

Water fitness training

AQUAJOGG



Water treadmill

The Aquajogg combines the benefits of water buoyancy with the possibility of walking or running in an aquatic environment.

ELLY



Cross-trainer pool bike

The ELLY is a complete exercise apparatus which combines the benefits of rowing, cross-country skiing, stepping and cycling.



WX TRAMP PREMIUM



The water trampoline

The WX Tramp Premium allows you to obtain greater coordination of movements, balance and good physical condition. The optional balancing handle helps with exercises and improves safety for beginners.

AQUAFITMAT



Floating mat

The AquaFitmat is used in the pool between two lanes with no depth constraint. This new activity is based on yoga, pilates and fitness exercises.



WATER FITNESS TRAINING

Floating fitness

AQUAFITMAT

REGULAR **SPORTY** INTENSIVE



DROP STITCH TECHNOLOGY ULTRA-RIGID

This mat has the benefit of Drop Stitch + Double Skin technology, comprising a mesh of thousands of polyester fibres reinforced by a PVC layer. Extreme rigidity and unrivalled sturdiness, ideal for overweight people.

A FUN ACTIVITY

This floating mat is designed to allow all swimming pools to offer a new aquatic activity, without the constraints of depth of water or shape of pool.

The Aquafitmat is inflated like a **paddle**. Designed to be easily fixed between **two water lanes** thanks to the attachment kit, it is quick to install. This educational mat has been specially designed to use the **balance-imbalance** technique. Patterns printed on the EVA covering allow users to clearly identify the **workout zones** indicated during the session.

This mat enables the coach to structure the session to facilitate learning.



Attachment kit included

DESIGNED FOR YOUR BALANCE



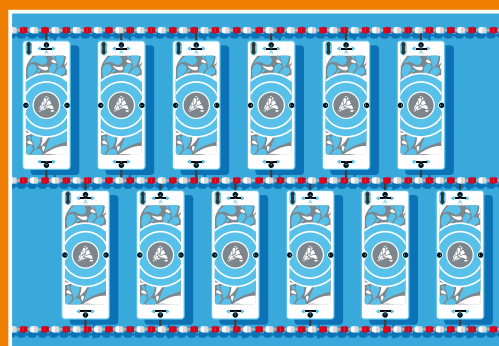
- Space at the back for your feet
- Starting centre marker
- Exercise areas
- Area at the front for the hands
- Carrying handle
- Bottle holder

 User up to 120kg



AQUAFITMAT

You will like the Aquafitmat's **non-slip covering** in soft EVA for user comfort, as well as its **large width** (81cm) that gives it **excellent stability**, even for complex yoga postures.



With its **many rings**, the floating mats interlock with each other and allow multiple configurations. Optionally, clip the water resistance bands to the edges!

FEATURES

- Double skin Drop-stitch technology
- Inflates in under 3 minutes
- Attachment kit
- EVA non-slip covering
- Exceptional stability
- Storage belt
- Bottle holder strap

Certification : 

OPTIONAL ACCESSORIES



RESISTANCE BANDS



HIGH-PRESSURE PUMP



CARRIER BAG

Material:	Nylon reinforced PVC
Finish:	Double layer Drop-stitch technology
Volume	210L
Max. load	120Kg
Dimensions:	L 220cm x W 81 cm x Thickness 12cm
Weight	10kg
Ref:	WX-AQUAFITMAT

WATER FITNESS TRAINING

Compact water treadmill

AQUAJOGG

REGULAR **SPORTY** INTENSIVE



"EASY PUSH"
OPENING SYSTEM
Simple and effortless

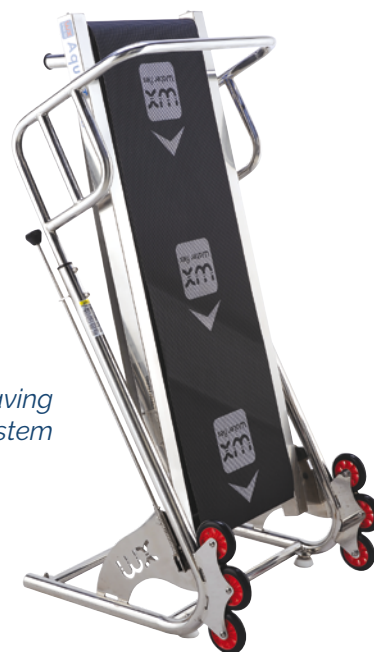


WATER TREADMILL

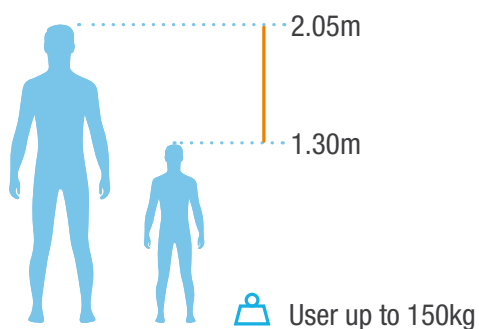
With its fluidity of movement, the AquaJogg combines the benefits of water's buoyancy with those of walking or running

At your own pace, work on muscle strengthening, stamina and rehabilitation in total safety thanks to excellent stability. The AquaJogg is designed for daily intensive use in group or individual classes. It can be used with bare feet. The innovative folding system is space-saving and the silicone wheels facilitate immersion in the water without marking the floor.

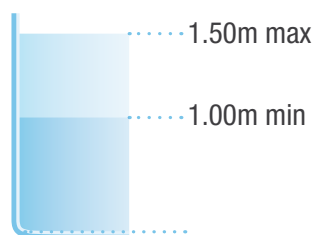
*Space-saving
storage system*



ERGONOMICS FOR EVERYONE



ALL POOL TYPES



FOLDING SYSTEM



EASY MOVEMENT

The Aquajogg is fitted with 6 non-scratch silicone wheels on ball bearings.

"EASY PUSH" OPENING SYSTEM

To open: push the lever and let the platform open down to the floor. Simple and effortless.

To close: Push the lever and raise the platform with your foot. To engage the safety mechanism, move the treadmill back until it clicks.

STABILITY

The white non-scratch protective pads fixed under the chassis increase its stability.

ADJUSTABLE BELT TENSIONING

Adjust the treadmill's tension with an Allen key – the more you tighten, the stronger the resistance.

FEATURES

- 13° slope angle
- AISI 316L stainless steel quality
- Can be used with bare feet
- "Easy push" opening system
- Adjustable belt resistance
- Anti-corrosion treatment
- 6 silicone wheels

Certification : 

Quality	AISI 316L stainless steel
Finish:	Brushed steel with anti-corrosion treatment
Treadmill	Running surface W 38cm x L 118cm
Min. dimensions closed	L 135cm x W 67cm x H 128cm
Max. dimensions open	L 62cm x W 56cm x H 128cm
Weight	32kg
Water depth	1.00m to 1.50m
Warranty:	3 years for metal parts. 6 months for wearing parts
Ref:	WX-AQUAJOGG

WATER FITNESS TRAINING

Water trampoline

WX TRAMP PREMIUM

REGULAR **SPORTY** INTENSIVE



OPTIONAL BALANCING HANDLE



BOUNCING WITH PLEASURE

The water trampoline can be used for rehabilitation, aqua-training or as a family activity. It allows you to obtain greater movement coordination, balance and improved physical condition.

The WX Tramp's mesh jump surface has been selected to guarantee the **best possible bounce**, thanks to a smoother movement of water. These **technical fibres** offer durability, permeability and use with bare feet.

The WX Tramp is available in two versions, round and hexagonal. The hexagonal version is specially designed to take up **minimum space** in small pools and is easily stacked for storage.

TWO MODELS AVAILABLE

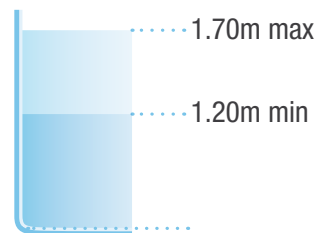


Round



Hexagonal

ALL POOL TYPES



 User up to 100kg



RESISTANCE BANDS

These elastic straps have been selected for their stretchability to provide bounce flexibility.

STABILISERS

The 6 white silicone non-slip suction feet ensure great stability and do not mark the floor of your pool. Suitable for all surfaces (liner, tiles, etc.)

BALANCING HANDLE

This optional stabilisation accessory or exercise support improves users' safety. Designed in AISI 304 marine-grade stainless steel, with monoaxial fixing and simple locking onto the base of your trampoline. Compatible with both models.

FEATURES

- Mesh jump surface
- AISI 304 stainless steel construction
- Silicone stabilisers
- Reinforced seams
- Excellent stability
- Separate elastic straps

OPTIONAL ACCESSORY



BALANCING HANDLE

Material:	AISI 304 stainless steel construction	
Water depth	1.20m to 1.70m	
Models	Round	Hexagonal
Dimensions:	Diam. 101cm x H 34cm	112cm x H 34cm
Max. load	100Kg	
Weight	6.3kg	
Ref:	WX-TR2-ROND	WX-TR2-HEXA

Certification : 

WATER FITNESS TRAINING

Nordic walking

ELLY

REGULAR **SPORTY** INTENSIVE



OSCILLATING LEVER ARMS

*With paddles for
added resistance.*



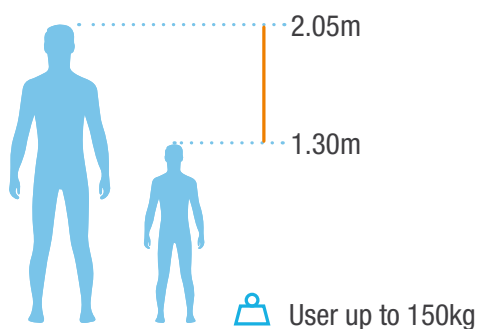
TOTAL SPORT

The Elly swimming pool cross-trainer is a complete user-friendly exercise apparatus that combines the benefits of rowing, cross-country skiing, stepping and cycling.

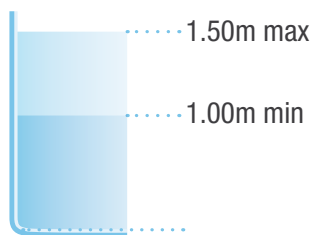
The Elly allows you to **synchronously**, use all the muscles of the body. In fact, around **80% of your muscles** are used during an exercise! The secret lies in its **elliptical action** designed to reproduce as closely as possible the natural movement of **running** while protecting the joints from

impacts. The apparatus consists of a shaft on which are fixed two long pedals connected to two vertical handles (lever arms).

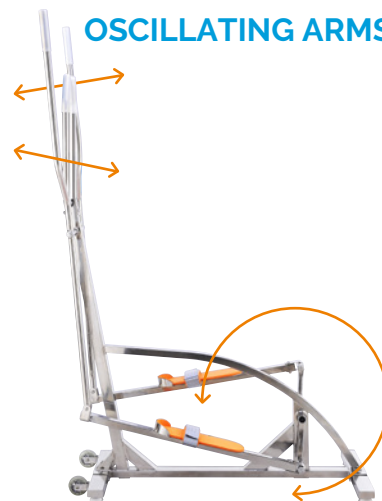
ERGONOMICS FOR EVERYONE



ALL POOL TYPES



OSCILLATING ARMS



FLUIDITY OF MOVEMENT

The Elly gives its users fluidity of movement and the pedals' angle of inclination puts optimum load on the legs.

Exertion is reinforced by lever arms linked to wide perforated paddles. The Elly thus creates resistance without obstruction or jolting.

Made of 100% stainless steel, the Elly is compatible with all types of water (seawater, chlorinated or brominated). Its silicone wheels make it very easy to move.

FEATURES

- AISI 316L stainless steel quality
- Wide paddles with straps
- Can be used with bare feet
- White stabilising pads
- Oscillating lever arms
- Anti-corrosion steel treatment
- Non-scratch silicone wheels

Certification :

Quality	AISI 316L stainless steel
Finish:	Brushed steel with anti-corrosion treatment
Built-in	Oscillating lever arms with perforated paddles
Adjustments	No
Dimensions:	L 112cm x W 56cm x H 175cm
Weight	26kg
Water depth	1.00m to 1.50m
Warranty:	3 years for metal parts. 6 months for wearing parts
Ref:	WX-ELLY

WATER FITNESS POOLS

Water biking without a swimming pool

Objective :

These ultra-compact water biking pools **provide an additional area** for **Water Fitness** and **Wellness**. A **new activity** to boost your attendance and help you stand out from the crowd.

So you can offer your members an **additional activity**, without the complicated and expensive running of a swimming pool.



FIT'S POOL

3.4m² POOL FOR FITNESS & RELAXATION

Easily dismantled self-supporting pool with ultra-compact filtration system and water heating. Ultra-rigid structure with insulating foam panels.

FOR WHOM?



Fitness clubs

Fitness clubs without swimming pools can now offer water fitness training and create a special water fitness zone.



Physiotherapists

New water rehabilitation tools whose compact design makes them easy to fit into any treatment room.

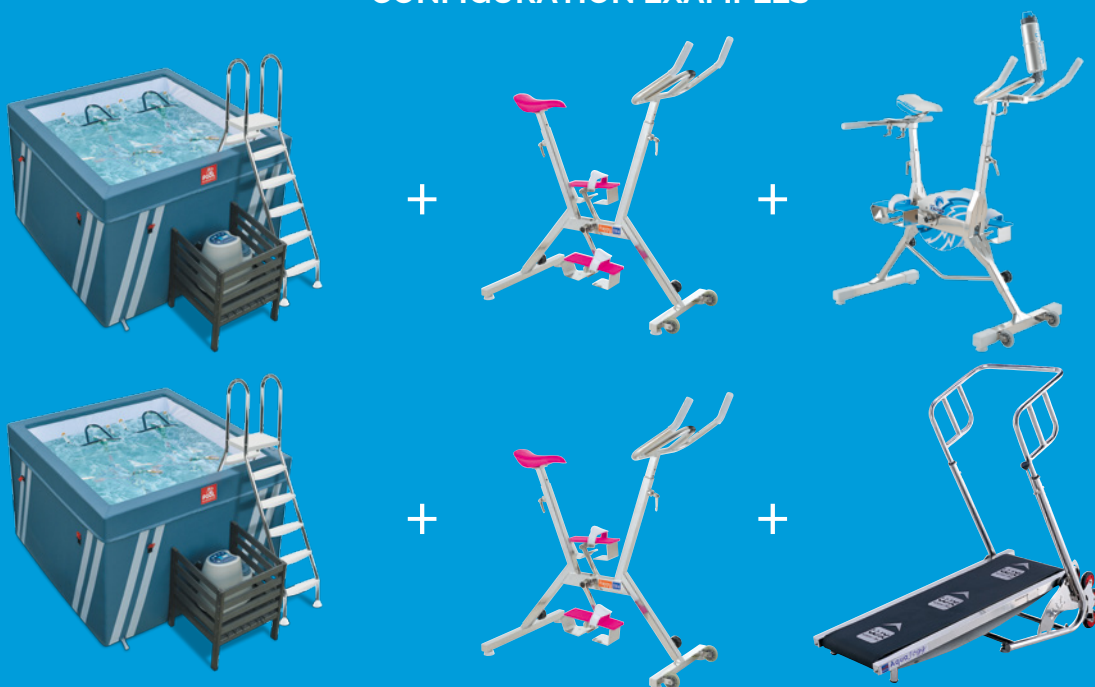


Private individuals

Water biking at home all year round. Easily incorporated into a patio, garage or room to transform it into a personal fitness centre.



CONFIGURATION EXAMPLES



WATER FITNESS POOLS

Self-supporting water biking pool

FIT'S POOL



WATER BIKE
INCLUDED

3.4^{m²}
floor area



WATER BIKING WITHOUT A SWIMMING POOL

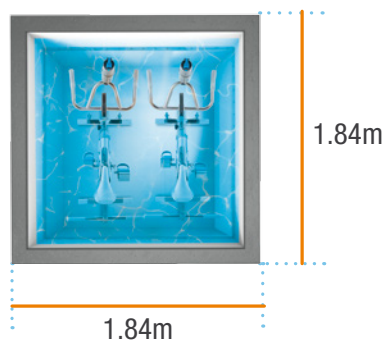
The Fit's Pool is an innovative **self-supporting pool** that can be easily dismantled, since it combines the simplicity of a spa installation with an item of **water fitness equipment: a water bike** (included).

The Fit's Pool is a **complete personal fitness centre**. It allows those who do not have a swimming pool to discover the pleasure of pedalling in water.

It is the first aboveground pool, providing a water depth of 1.20m (minimum recommended depth for water

biking). A **genuine personal spa bath centre**, it includes a **complete filtration and water heating system**. This pool has a **modular structure** based on side panels made of high-density insulating foam that give it **exceptional rigidity and strength**.

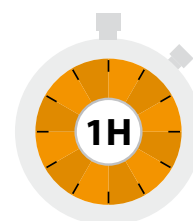
COMPACT SIZE



HEATING, FILTRATION WHIRLPOOL & LED LIGHTING



EASY INSTALLATION



A WATER BIKE IS INCLUDED

The Fit's Pool allows you to enjoy the benefits of water in combination with those of water sports. A water bike is included as standard in the Fit's Pool. So you can do your fitness exercises according to your needs and physical condition, without any strain on the joints.

TWO IS BETTER THAN ONE!

You have the option to add a second water bike to do it as a couple or with a friend, or indeed to choose from the whole range of Waterflex equipment.

You have a wide choice available and we certainly have one that meets your needs: figure, cardio, rehabilitation or muscle strengthening!

FEATURES

- Easy installation
- LED lighting
- Filtration pump
- Heating
- Insulated cover included
- Ladder included

OPTIONAL ACCESSORIES



OXYGENE ACTIF



FILTER
CARTRIDGE



POOL
VACUUM

Pool material	Steel structure / Plastic foam / PVC liner
Dimensions (outer)	L 184 x W 184 x H 127cm
Filter	40 W (1200 L/h)
Capacity	2 places
Water capacity	3000L
Water level	112cm
Net weight	132kg
Power supply	220-240 V~50 Hz / 2070 W
Heater	2000W
Air blower	L1 : 400 W - L2 : 650 W - L3 : 850 W
Warranty:	2 years (excluding wearing parts)
Ref:	WX-FITSPPOOL

Certification :

LIFTING GEAR

Easy to use

AQUABIKE LIFT



**WHEEL
BLOCKING SYSTEM**
For safe handling



COUNTERWEIGHT SYSTEM



EFFORTLESSLY GET YOUR WATER BIKES OUT OF THE WATER!

Compatible with all aquafitness equipment (treadmill, cross-trainer, water bike, trampoline, etc.), the Aquabike Lift combines mobility, stability, safety and ease-of-use.

Its square handle makes lifting and handling easier, and its safety system allows a coach to move equipment on their own.

It adapts to the most complex pool designs.

The Aquabike Lift can be positioned wherever you want, without taking up space at the edge of the pool

ANY MOBILE

Up to 70 kg



MOBILE



COUNTERWEIGHT SYSTEM

The Aquabike Lift lifting gear is fitted with a cable-adjusted counterweight system that adapts in the blink of an eye to the equipment being put into or taken out of the water.

With its two silicone feet and 4 wheels (2 swivelling), handling is now effortless and completely safe.

FEATURES

- No modification to your swimming pool required
- 4 wheels (including 2 swivelling)
- 2 stabiliser feet
- Counterweight
- Adjustable straps
- Wheel blocking system
- **Optional** extension arm



Certification :

Use	2 persons recommended
Weight	110kg
Maximum load	70kg
Materials	Steel + epoxy paint anti-corrosion treatment
Warranty:	2 years (excluding wearing parts)
Quality certificate	CE + TUV Complies with European Standard EN13197/IN - 1/10/2009
Max. height	2.27m
Max. width	2.30m
Base dimensions	53 x 72cm
Ref:	WX-AQUALIFT

Complete your aquafitness sessions with

AQUABOXING

We sculpt his body with aquaboxing

Aqua-boxing is an energetic sport inspired by martial arts. It's a form of body combat practised in the water. This activity is ideal for water sports enthusiasts but also for all those who want to let off steam while building muscle. This sport has many benefits because it lets you get in shape to music in a fun atmosphere. Above all, aquaboxing allows you to let off steam while building muscle without any danger to your joints. The advantage of this sport is that it is practised in water, so there is no risk of hurting yourself by making a wrong move. You can enjoy this at any age, at your own pace and according to your abilities: discover this new activity now!

To practise this activity in the pool, you will need to wear gloves and shin guards.

Muscles involved: the abdominal wall, glutes, thighs, shoulders and arms.

What are the effects? Aquaboxing improves cardio-vascular capacity and endurance, tones the chest, stretches the muscles... It has a drainage effect, thanks to the water massaging the whole body. And what's more, it's a great way to let off steam!

SHIN GUARDS

Sold in pairs

Very soft texture thanks to the use of non-irritating foam. Universal sizing. The Velcro means they can be adjusted to all sizes for the best possible fit. They are specially designed for practising aquagym, re-education in water or hydrotherapy. The material increases water resistance and floatability to build muscle in the lower body.



GLOVES

Sold in pairs

Easy to use thanks to their original design. EVA foam for soft, comfortable contact. These gloves will help you build muscle without impact during your aquaboxing sessions or even at an aquabike class. They create water resistance to give the upper body a better workout.



AQUAGYM

AQUAGYM 500GR WEIGHTED WRISTBANDS

Doing aquagym is good, but increasing the effort you make in the water to build your muscles is even better! These weighted wristbands can be worn on the wrists or ankles. They have a removable silicone weight in a bag that you can wash between sessions. The fabric is very strong and the adjustable Velcro strap ensures a perfect fit.



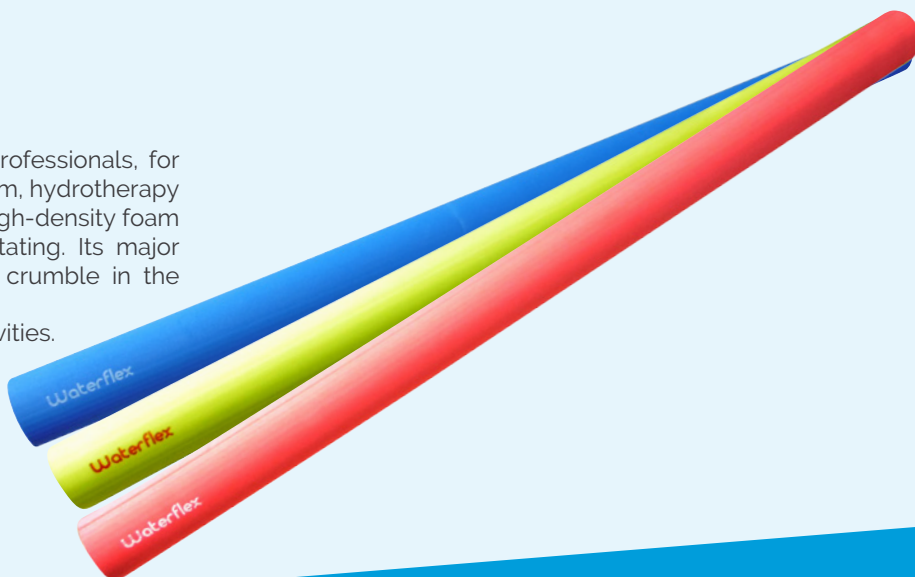
FOAM DUMBBELLS

Sturdy and light, these foam dumbbells are the must-have accessory for aquagym classes and the perfect addition to aqua-jogging classes. Used for re-education and muscle-strengthening, these dumbbells will be your perfect partners for working out your upper body gently but effectively.



LUXURY FOAM NOODLES

This "luxury" model is specially created for professionals, for regular, daily use. Particularly suited to aquagym, hydrotherapy and relaxation, you are sure to appreciate its high-density foam material, very soft to the touch and non-irritating. Its major advantage: high chlorine resistance, will not crumble in the water! The must-have product for your fun water activities.



SPECIAL TRAINING PRO

WATFIT
LE FITNESS SUR L'EAU

OUR GOALS:

- Helping you set up a new water activity in total safety
- Enabling you build specific skills
- Becoming operational in organising all water activities



CONTENT OF 1 DAY:

These courses combine theory & practical exercises for greater effectiveness.

GENERAL KNOWLEDGE

Gain specific knowledge about the public, equipment, physiology, positions, exercises and variations, safety rules and regulations.

Profile of the group class and organisation within the pool.

RELATIONSHIP WITH MUSIC

- Combining exercises and music, Music: understanding rhythm and blocks (sequences)
- Choreography study
- Adapting exercises to the rhythm of music
- Training in the pool

LEADING A CLASS

- Means of communication
- Voice placement: in the exercises, in the group, in relation to the music. Speak to a group more effectively to help people keep up
- Leading the class: presence, contact, knowing how to make a class lively and including the audience in the session

Option to train your team on your own premises, as our instructor can travel within France & abroad

• TRAINING CENTRES

We offer 2 sites:

- Montpellier (34)
- Aix-en-Provence (13)

Classes available



AQUABIKE

Group aquabike class with accessories



CIRCUIT TRAINING

Group class including several items of equipment



WATFIT

Fitness on the water with a floating mat



AQUABOXING

Group aquaboxing class with accessories

Additional Waterflex features

After-sales service

A SERVICE RESPONSIVE TO YOUR NEEDS



ONLINE PLATFORM

support.waterflex.fr

- Simple brief procedures
- Extensive stock of available spare parts



KEEP TRACK OF YOUR FILE ONLINE 24/7

You can at any time enter your files and track them online (requests, troubleshooting, repairs, spare parts ordering and shipment, etc)

TECHNICAL DOCUMENTATION ONLINE, AVAILABLE AT ALL TIMES

To have a better knowledge of our products and maintain them better, you can find online the main user manuals and exploded diagrams with spare parts reference numbers.

ACCESS YOUR FILE ONLINE 24 HOURS A DAY

You can enter your information and check your file online at any time (receipt, assessment, repair, ordering and despatch of parts, etc.).

OVER 1,000 LINES OF SPARE PARTS IN STOCK

Our stock of spare parts enables us to rapidly cover all your requirements.

PRODUCT SPECIALISTS ARE HERE TO HELP

Our teams are well equipped to diagnose breakdowns and quickly answer your questions.

You can find our product lines on: www.waterflex.fr



Manufacturer of water fitness equipment



You can find all our water sport equipment on our Internet site.

Advice, testimonials, practical information.

www.waterflex.fr

contact@waterflex.fr

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Your Swimming Pool & Wellness Partner

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